



VALDOSTA STATE UNIVERSITY

Supporting Your Student's Wellness Through the First Year

Orientation 2023





Health Services



- VSU Health Services provides a wide range of medical services to VSU students, ranging from preventative medicine to acute illnesses/routine exams/injury/immunizations to chronic conditions. The clinic is a one-stop shop for your medical needs. Our students can see a provider, complete labs, and get their prescription without leaving campus. The Health Center also has an on-call nurse for after-hours and weekends.
- The Student Health Center Pharmacy provides students with prescription and over-the-counter medications, as well as other healthcare supplies. We are able to fill prescriptions written by both our providers as well as outside providers. Prescriptions can also be transferred from the student's current pharmacy to the clinic's pharmacy during the student's stay at VSU.
- The Student Health fee provides students with access to clinic services. As a VSU student, office visits are included in the Student Health fee. Any additional services you receive as part of your health care, including testing, can be billed to your insurance. We do not require insurance in order to receive services. Our fees are minimal when compared to what an outside provider would charge, and we will work with you to explore self-pay options. The Health Center's website provides a list of accepted insurance carriers.



Mental Health Support Services

- Research states that 1 in 5 college students struggle with mental health and wellness. Anxiety is the #1 concern for students across the country.
- We have a plethora of services and support to help your student be successful in college and maintain their health and wellness. Confidential and free, individual, group, couples, crisis and medication management therapy.
- We have 5 licensed professional counselors on staff. Relaxation Room, educational programs and Website Resources.
- Christy Campus Health services offer a 24/7 support line with licensed therapist, 5 free sessions per issue and psychiatric prescribing clinic.
- Studies also show that students who seek out supportive services have improved academic performance, an increase in reduced stress and resilience, reduced substance abuse and suicide rate.





Health Promotions and Case Management

Health Promotions & Wellness

- VSU focuses on the whole well-being of the student by providing Health & Wellness programming.
- A few of these programs include alcohol awareness fairs, Detress fest (at end of each semester to help students destress before finals), Domestic Violence & Sexual Assault Awareness, Fresh Check Day (suicide prevention program), & many other programs throughout the year.
- Students are provided health & wellness information via e-mail announcements, social media, yard signs, & digital signage on campus.

Case Management

- The case manager provides goal-oriented and strengths-based assessment, intervention, and coordination of services to students experiencing physical, emotional, academic, and/or psychological difficulties.
- The case manager is the connector, the person who assists individuals with obtaining resources, providing referral options, and ensuring connection with resources.





Student Conduct and Title IX

Educate - The Office of Student Conduct and Title IX (SCOTIX) educates students on their rights and responsibilities, community membership, and responsible decision making, and the campus community on the student code of conduct and sexual misconduct policy.

Report - The Office of Student Conduct and Title IX (SCOTIX) responds to reports of student disciplinary violations, sexual misconduct, and harassment.

Support - SCOTIX provides supportive measures to students and employees who may have experienced some form of sexual misconduct and harassment.

Blazer *Creed*



University Police

- Jurisdiction and Authority
- Blazer Guardian App
- Personal Property Inventory/Bicycle Registration
- Lighting and Cameras
- On-Campus Walking Companions

*** IF YOU SEE
SOMETHING...SAY
SOMETHING!!!!***





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Questions?

