Stakeholders' Annual Report, 2023-2024

Counselor Education Program, School Counseling Track

Department of Human Services

College of Education and Human Services

Valdosta State University



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# **Program Summary Data**

#### Introduction

The School Counseling program at Valdosta State University engages in continuous program improvement which involves the collection of quantitative and qualitative data used to determine how to improve the program. The CACREP 2016 standards indicate broad categories of information that should be evaluated annually resulting in an annual report to stakeholders. The report serves to provide stakeholders with an overview of the program's results from the program review, program statistics, and program modifications that result from the annual review. In addition, stakeholders are provided with program accomplishments and goals for the next year.

### **Program Admissions**

In 2022-2023, 45 students were enrolled in the counselor education master's program at Valdosta State University. Of those 45 students, 91% were female and 9% male. Most of the students were Caucasian (67%) followed by African American (27%), Latino (4%), and Asian (2%). Fifty-six percent of the students were enrolled in the school counseling track and 44 % were enrolled in the clinical mental health track.

#### **Graduates/Job Placement Rate**

There were 11 counselor education students that graduated from the program in 2023. 100% of those students gained employment as school counselors or in the field of clinical mental health. The job placement rate was 100% with many students gaining employment throughout the state of Georgia.

## **Completion Rate**

The completion rate for school counseling students completing the program in two years was 80%. The completion rate for clinical mental health students completing the program in two years was 83%. There were two students that withdrew from the program from the school counseling program. One student withdrew from the clinical mental health program. Two students were dismissed from the program. Four students moved to part-time status.

#### **Licensure/Certification Examination Pass Rate**

There was a 100% pass rate on the certification exam required to become certified school counselors. The five school counseling graduates passed the state certification exam and are fully certified school counselors. There was also a 100% pass rate for the clinical and school counseling students who took the National Counseling Examination.

#### **Professional Dispositions**

Students and faculty evaluate student dispositions at the beginning of the program, after practicum, and after Internship II. The results of the evaluation indicate that students think that they are growing in every area addressed in the survey but especially in the areas of Professional Identity, Adaptability, Self-Awareness, and Ethical competence. This concurs with faculty evaluation of student dispositions. The knowledge gained in the classroom and the experiences gained in clinical experiences are helping students grow into competent school counselors and clinical mental health counselors.

**Key Performance Indicators, Assessments, and Summary of Evaluation Results** 

Program faculty use a variety of measures to assess student success as part of the annual program evaluation. The program evaluation results are then used to determine program modifications. In 2023-2024 Key Performance Indicators (KPI) were evaluated in the areas assessment and testing, research and program evaluation, and school and clinical mental health specialty areas.

CACREP standards for core and specialty classes are used as Key Performance Indicators. KPIs are assessed to determine student success and whether learning outcomes are met. Six Key Performance Indicators were evaluated in the 2023-2024 academic year and are listed below.

## **Key Performance Indicators Evaluated 2023-2024**

- **2.F.7.d.:** procedures for identifying trauma and abuse and for reporting abuse.
- **2.F.7.f.:** basic concepts of standardized and non-standardized testing, norm-referenced and criterion referenced assessments, and group and individual assessments.
- **2.F.8.e.:** evaluation of counseling interventions and programs.
- **2.F.8.j.:** ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation.
- **5.G.3.f.** Techniques of personal/social counseling in school settings.
- **5.C.2.d:** diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* and the *International Classification of Diseases (ICD)*.

### **Summary of Program Evaluation Results**

KPIs are assessed at two points in the program with two different assessment instruments. The KPI abbreviation, point of assessment, assessment instrument, and course assessed in are listed below in Table 1. Table 2 includes the program objective that is linked to the listed KPI, the assignments that are assessed, and a summary of the faculty evaluation for each assessment point.

Table 1: Key Performance Indicator, Assessments, and Course Assessed In

KPI Assessment Assignment	Course
KPI 2.F.7.d. Point 1 Assessment: Test -Essay Question	COUN 7800 – Orientation to Counseling
KPI 2.F.7.d. Point 2 Assessment: Online Assignment 3	COUN 7420 – Counseling Children and Adolescents
KPI 2. F.7.f. Point 1 Assessment: No evaluation	COUN 7800 – Orientation to Counseling
KPI 2. F.7.f. Point 2 Assessment: Exam Questions	COUN 7030 – Tests and Measurements
KPI 2.F.8.e. Point 1 Assessment: Case Study Discussion	COUN 7400 – Counseling Theories
KPI 2.F.8.e. Point 2 Assessment: Evidence-Based Presentation	COUN 7420 – Counseling Children and Adolescents
KPI 2.F.8.j. Point 1 Assessment: Literature Review	RSCH 7100 – Research Methodology
KPI 2.F.8.j. Point 2 Assessment: Cultural Research Presentation	COUN 7470 – Counseling Culturally Diverse Pops.
KPI 5.C.3.f. Point 1 Assessment: (CMHC): Quiz 2	COUN 7850 – Clinical Mental Health Counseling
KPI 5.C.3.f. Point 2 Assessment: (CMHC): Case Study	COUN 7200 – Psychopathology
KPI 5.G.2.d. Point 1 Assessment: (SCHC): Evaluation of Video 2	COUN 7900 – Counseling Skills and Techniques
KPI 5.G.2.d. Point 2: Assessment (SCHC): Observation of student	COUN 7991 – Internship I

Table 2: Program Objective, Key Performance Indicator, Related Assessment, and Evaluation Results

KPI Year 3 Evaluation 2023-2024

# Year 3 Key Performance Indicators Evaluation – Assessment and Testing, Research and Program Evaluation, and Practice

## **Assessment and Testing**

**Key Performance Indicator 2.F.7.d.:** procedures for identifying trauma and abuse and for reporting abuse

Program Objectives 8 and 9

Demonstrate an understanding of procedures to follow in the case of a crisis including assessment and intervention.

Demonstrate an understanding of the use of data and assessments to inform decision making and advocacy for students, clients, the counselor education program, the profession, and in evaluation.

Assessment Point 1 – 85.7 %	Assessment Point 2 – 100%	Point 1: The average score in
Passing	Passing	class one was .45 out of a
COUN 7800	COUN 7420	possible .5 on the test
Essay Question on	Online Assignment 3	question. Twenty-eight
		students took the exam with
		scores ranging from 05.
		Four students did not meet
		the target of 80% on this
		question. Two scored a zero
		because they ran out of time.
		T1
		The average score in class 2
		was .43 out of .5. Eighteen students took the exam with
		scores ranging from 05.
		Three students did not meet
		the target of 80% on this
		question. One student scored
		a zero because they ran out
		of time.
		Point 2: The average score
		on the Online 3 assignment
		was 19.5. All students met
		the target school of 16
		(80%). The number of
		students completing the

		assignment was 22. The
		scores ranged from 19-20.
<b>Modifications</b> : Point 1: No mo	odifications Point	1: No modifications
	.F.7.f.: basic concepts of standa	
testing, norm-referenced and crassessments.	iterion referenced assessments,	and group and individual
Assessment Point 1 – %	Assessment Point 2 – 100%	Point 1: As we moved the
Passing	Passing	program online, this
COUN 7800	PSYC 7030	assignment was eliminated.
In Class activity - table of	Exam Questions	
assessments - activity did not		Point 2: In spring 2023,
take place		100% (n = 29) met or
		exceeded the target of
		80%. Scores ranged from
		80-100% with the average
		being 94.48 % (SD
		=5.31).
		In spring 2023, 97.3% (n
		= 37) met or exceeded the
		target of 80%. Scores
		ranged from 0-100% with
		the average being 90.81 %
		(SD = 15.79).
Madifications, Daint 1, Add th	a aggaggment table ag an enline	

**Modifications**: Point 1: Add the assessment table as an online assignment. Point 2: No modifications.

## **Research and Evaluation**

**Key Performance Indicator 2.F.8.e.:** evaluation of counseling interventions and programs

# **Program Objectives 1 and 9**

Demonstrate an understanding of the history, trends, ethical and legal issues, and relevant research in the counseling field.

Demonstrate an understanding of the use of data and assessments to inform decision making and advocacy for students, clients, the counselor education program, the profession, and in evaluation.

Assessment Point 1 – 81 %	Assessment Point 2 – 78%	Point 1: The average score in
Passing (n=37)	Passing	Fall 2023 was 17 out of a
COUN 7400	COUN 7420	possible 20 on the case study
Collaborate Ultra Discussion	Evidence-Based Practice	discussion (#1 Jan). Twenty
of Case Study	Presentation	students participated with
	Fall 2023 (n=23)	scores ranging from 10-20.
Fall 2023 (n=20)		Five students did not meet
Summer 2024 (n=17)		

the target of 80% on this discussion. The average score in Summer 2024 was 17.5 out of a possible 20 on the case study discussion (#1 Jan). Seventeen students participated with scores ranging from 3-20. Two students did not meet the target of 80% on this discussion. Point 2: The number of students completing the assignment was 23. The average score was 17.6 out of a possible 20 points. Scores ranged from 14-20. The target score was 16 (80%). Five students did not meet the target score of 16. These students did not complete all the assignment requirements.

**Modifications**: Point 1: No modification

Modifications: Point 2: Revise instructions to clarify all requirements. Review the

instructions two weeks prior to the due date.

**Key Performance Indicator 2.F.8.j.:** ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation Objective

Assessment Point 1 – 100% Passing	Assessment Point - 100% Passing	
RSCH 7100 Lit Review	COUN 7470 Cultural Research Presentation	Point 1: 10 students completed the final draft of the literature review. The minimum score was 84, and the maximum score was 100. Students received an average of 90 for their paper. The other item statistics about the class and assignment include Mode: 84.62 %, Median: 89.23 %, Standard Deviation: 5.47 %minimum. Students demonstrated

ethical and culturally
relevant ways to conduct,
interpret, and report the
results of research.
Point 2: Sixteen students
completed the assignment.
All students met or exceeded
the target of 80% (20). The
scores ranged from 22.35-
24.0. Minor grade reductions
were for not meeting the
requirements of the
assignment and lack of depth
in some of the information
presented.

## **Modifications:**

Point 1: No Modifications

Point 2: Review assignment instructions two weeks prior to due date.

## **Specialty Standard School Counseling**

**Key Performance Indicator 5.G.3.f.** Techniques of personal/social counseling in school settings.

# **Program Objective 3**

Develop counseling skills needed to be an effective professional school counselor with the ability to address the concerns of students and implement evidence based individual and group counseling interventions in the K-12 environment.

Assessment Point 1 – 85 %	Assessment Point 2 – 100 %	Point 1: The average score
Passing	Passing	for school counseling
COUN 7900	COUN 7991	students in Fall 2023 (XLS)
Video 2 – Katie and Heidi	Instructor Observation	was 25.8 out of a possible 30
		on video 2. Thirteen school
XLS Fall 2023 (n=13*)		counseling students were
Fall 2023 (n=7*)		enrolled with scores ranging
		from 18-29. Two students
*School Counseling		did not meet the target of
Concentration Only		80% on this discussion.
		The average score for school
		counseling students in Fall
		2023 (C) was 27.3 out of a
		possible 30 on video 2.
		Seven school counseling
		students were enrolled with
		scores ranging from 21-30.
		One student did not meet the

	target of 80% on this discussion.
	Point 2: All 19 internship I students were observed in counseling sessions. All students met or exceeded the target of 80%.
<b>Modification</b> : Point 1: No Modification	Point 2: No modifications needed

## **Specialty Standard Clinical Mental Health Counseling**

**Key Performance Indicator 5.C.2.d:** diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* and the *International Classification of Diseases (ICD)* 

## **Program Objective 4**

Develop counseling skills needed to be an effective clinical mental health counselor able to work effectively in a variety of clinical settings.

Assessment Point 1 – 73.3%	Assessment Point 2 – 100%	Point 1: The average score in
Passing	Passing	Spring 2024 was 85.33% on
COUN 7850	COUN 7200	Quiz 2. Fifteen CMHC
Quiz 2	Module 4 Diagnostic Case	students participated with
-	Study Discussion	scores ranging from 70-
Spring 2024 (n=15)	·	100%. Four students did not
	Spring 2024 (n=31)	meet the target of 80% on
		this quiz.
		Point 2: The average score in
		Spring 2024 one was 94.76%
		out of 100% on the
		diagnostic case study
		discussion. Thirty-one
		students participated with
		scores ranging from 81.25%-
		100%. All students met the
		target of 80% on this
		diagnostic case study
		discussion

#### **Modification:**

Point 1: Put the assessments in two years. Point 1 will be moved to COUN 7200 Point 2: Put the assessments in two years. Point 2 will be moved to COUN 7992

## **Outcome of Suggested Program Modifications from 2022-2023 report**

In this section, six program modifications related specifically to course assignments are described that resulted from the annual program evaluation. The schedule for implementing the modification is included

in the table above. Other program modifications are described that resulted from the program review of data and the discussion around these data.

- 1. Revise the instructions for the Cultural Research Presentation to clarify the instructions. Set up a time to meet with students to ask questions about the assignment.
  - a. More detailed instructions were developed. The instructor setup a time to meet online specifically for students to ask questions about the assignment.
- 2. Move the assessment point for 2.F.2.d. to a different class.
  - a. The assessment point was moved to COUN 7470 (Cultural Diversity).
- 3. The scoring rubric for the counseling theories paper will be revised in COUN 7400 (Counseling Theories).
  - a. The rubric was revised in Fall 2023
- 4. Add a practice case study to COUN 7200 (Psychopathology) and put a case study on the final exam.
  - a. To provide additional practice, students were asked to participate in three recorded small group discussions considering how biopsychosocial information including social and developmental history has bearing on a hypothetical case.
- 5. Add a second assessment point for 2.F.4.a.
  - a. The KPI was added to COUN 7992 in School Counseling and an assignment was developed to assess the KPI.
- 6. KPI 2.F.4.g. needs to be moved to another courses.
- 7. Provide additional time to complete the historical timeline in COUN 7850 (Clinical mental health counseling).
  - a. Additional time was provided to students to complete the timeline.

## **Other Program Modifications**

- 1. Revise program objectives
  - a. The faculty are in the process of revising program objectives now. The objectives were sent to stakeholders for input.
- 2. Develop a plan to update online courses and modify to meet the needs of online students
  - a. The courses will begin to be updated in Spring 2025 to fit an online format and included the 2024 CACREP standards
- 3. Complete and submit the CACREP Self-Study
  - a. The self-study was submitted in May 2024.

# **Program Goals and Outcomes: 2022-2023**

The projected goals and outcomes for 2022-2023 goals are listed below.

- Submit the CACREP self-study in May 2023
  - o CACREP self-study was submitted May 2024.
- Continue intentional efforts for increasing the number of minority students
  - o Faculty continue to recruit students from diverse universities targeting those with a higher number of minority students
- Hire a fourth faculty member
  - o The program is in the process of interviewing and hiring a new faculty member.

- Review the success of partially-at-a-distance program and modify as needed
  - o The program moved to a fully online format and courses are being revised.
- Increase marketing the program focusing on the flexibility of a partially-at-a-program.
  - o Marketing for the fully online program has yet to be a focus.

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# **Program Accomplishments: 2023-2024**

## **Program Accomplishments**

The Counselor Education Program at Valdosta State University accomplished many goals in the 2023-2024 academic year. A few of the goals are listed below.

- VSU and the Counselor Education program continued the partnership with Forsyth County to provide a degree in Counselor Education to members of their faculty and staff.
- The number of students applying to the program and being admitted to the program has increased significantly.
- The Classic Counselor Collaboration Conference was successful and scheduled again for the Spring of 2024.
- The Counselor Education program was approved to move to fully online.
- The CACREP self-study was submitted. We received initial feedback and will submit the reply in January 2025. We hope to have a site visit in Spring 2025 semester.

# Program Goals: 2024-2025

#### **Program Goals**

The goals for 2024-2025 academic year are outlined in the statements below.

- Hire a new faculty member.
- Submit the CACREP addendum and schedule a site visit.
- Secure reaccreditation for the School Counseling track and initial accreditation for the Clinical Mental Health Counseling track.
- Revise syllabi and program format to meet the 2024 CACREP standards.
- Complete revision of program objectives.
- Move the Classic Counseling conference to Fall 2025.